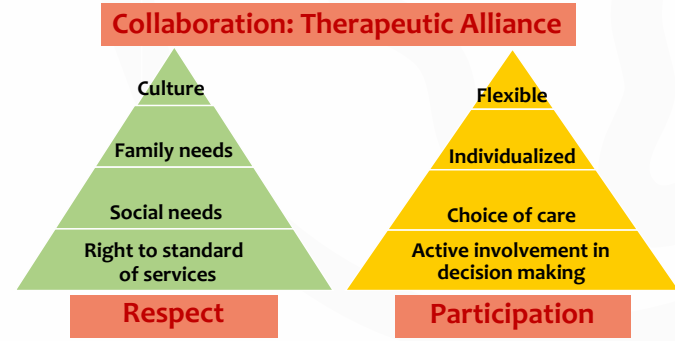


# Advantages of FCC

NURSERY STAFF	NEWBORN	FAMILY
<ul style="list-style-type: none"> <li>• Work sharing</li> <li>• Better job performance</li> <li>• Better quality of care</li> <li>• Increased staff satisfaction</li> <li>• Better allocation of resources</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced length of stay</li> <li>• Increased Breast feeding</li> <li>• Better continuum of care</li> <li>• Fewer re-hospitalisations</li> <li>• Improved long-term outcomes for both</li> </ul>	<ul style="list-style-type: none"> <li>• More informed parents</li> <li>• Better parenting confidence</li> <li>• Better coping with the stress.</li> <li>• Enhanced bonding</li> <li>• Ease the transition from hospital to home</li> <li>• Greater family satisfaction with the health care experience.</li> </ul>

### Principals of FCC



**The Audio Visual training is structured into 4 session plans:**

**Session 1-** Sensitisation to FCC and entry into nursery

**Session 2-** Developmentally supportive care and Breast feeding

**Session 3-** Kangaroo Mother Care [KMC]

**Session 4-** Preparation for discharge and care of the baby at home.

For further information, write to:

[fccnewborn2015@gmail.com](mailto:fccnewborn2015@gmail.com)

## Improving Quality of Care for a Sick Newborn & Survival Beyond

through

# Family Centered Care (FCC) Approach



# Improving Quality of Care for a Sick Newborn and Survival beyond through Family Centred Care (FCC) Approach

## Approach

Family Centered Care (FCC) provides a setting in which family is empowered, encouraged and supported as the constant care-provider, in addition to available nursing staff, to complement care of their sick newborn in nursery, from admission until discharge.

- FCC is a low cost simple innovative approach for improving quality of care to hospitalized neonates.
- FCC supplements manpower shortage in nursery, creates an environment that is developmentally supportive for the sick baby, culturally sensitive and responsive to family needs.
- In FCC parent-attendants are trained to support nursing of their sick neonate through a structured audio-visual training tool with hands on training.
- FCC has been taken up through 4 State Health Missions for their district SNCUs under UNDP-NIPI-Newborn Project with technical support from RML-PGIMER, New Delhi.

## Progress

- 'Audio Visual Training Package' for parent-attendants developed.
- A 'Training Guide' and 'Operation Guidelines' for Family Centered Care of Newborn developed.
- FCC approach brought to Special Newborn Care Units at Raisen & Hoshangabad (Madhya Pradesh); Alwar (Rajasthan); Jharsugda (Odisha) and Nalanda (Bihar).
- Experience & learning gained will be utilized for country wide scale up.

## Expected Impact

- Improved quality of care during hospitalization.
- Overcoming health workforce shortages.
- Enhancing care giving competencies of parents to lay firm foundations for continuum of care and better survival after discharge from hospital to home.

## Conceptual Framework

