



भारत सरकार / GOVERNMENT OF INDIA  
डॉ. राम मनोहर लोहिया अस्पताल,  
अटल बिहारी वाजपयी आयुर्विज्ञान संस्थान, नई दिल्ली  
DR. RAM MANOHAR LOHIA HOSPITAL,



ATAL BIHARI VAJPAYEE INSTITUTE OF MEDICAL SCIENCES, NEW DELHI - 110001

No. DDA-11/5/2023-O/o Dy Dir(Admin)-Dr. RMLH /1153

Dated: 15.04.2024

## CIRCULAR

The Ministry of Skill Development and Entrepreneurship (MSDE), in partnership with the Sports, Physical Education, Fitness, and Leisure - Skill Council (SPEFL), is conducting a self-defence training programme for the **female** staff of A.B.V.I.M.S. and Dr. RML Hospital, New Delhi. The training duration for a batch will be five (05) hours spread across five (05) days of one hour per day **w.e.f. 18.03.2024**. The female participants will be awarded a participation certification along with the distribution of Nirbhaya Self-defence kits after successful completion of training.

2. In order to make such an event a success, all HODs, Officer In-Charge, Nursing Superintendent, Administrative Officers, and Section In-Charge are requested to bring this to the knowledge of all female workers working under them and encourage them to participate in the self-defence programme, as it will boost their confidence and also empower them against any kind of violence.

3. To join the programme, the interested female participants may register through the below mentioned link:

"[https://docs.google.com/forms/d/e/1FAIpQLSehFII1Y5uIUI5k7eRizXsQ\\_NnLT9jHhVGK4DNjtt-sPsimfg/viewform?vc=0&c=0&w=1&flr=0&usp=mail\\_form\\_link](https://docs.google.com/forms/d/e/1FAIpQLSehFII1Y5uIUI5k7eRizXsQ_NnLT9jHhVGK4DNjtt-sPsimfg/viewform?vc=0&c=0&w=1&flr=0&usp=mail_form_link)"

(Vijay Prakash Nodiya)  
Dy. Director (Admn)

To

1. All Addl. Medical Superintendents.
2. All HODs.
3. Officer I/c Procurement/Store/Maintenance/MRD.
4. The Registrar/Dy. Registrar/Sr. Administrative Officer
5. Senior Accounts Officer (DR.RMLH).
6. Asstt. Director (OL).
7. Nursing Superintendent.
8. All Administrative Officers.
9. All Administrative Section In-charge (HAI/HAII/Nursing/E-II/Technical/Estate)
10. The Chairman, e-governance with the request to upload this circular on the hospital website.
11. P.S. to M.S. (for information please).