



भारत सरकार / GOVERNMENT OF INDIA

अटल बिहारी वाजपेयी आयुर्विज्ञान संस्थान

डॉ० राम मनोहर लोहिया अस्पताल, नई दिल्ली

**ATAL BIHARI VAJPAYEE INSTITUTE OF MEDICAL SCIENCES  
DR. RAM MANOHAR LOHIA HOSPITAL, NEW DELHI-110001**



File No.12-04/RMLH(MS)/2024/118

Dated: 10.06.2024

**CIRCULAR**

In the context of celebration of "**10th International Day of Yoga-2024**" at ABVIMS & Dr. RML Hospital, New Delhi. A yoga training session is to be scheduled w.e.f. 11<sup>th</sup> to 20<sup>th</sup> June, 2024 in ABVIMS premises.

All faculty, staff & students (MBBS UG/PG/Nursing) of ABVIMS are hereby instructed to attend the Yoga training session which will be started from **11<sup>th</sup> to 20<sup>th</sup> June, 2024 at sharp 7:45AM to 8:45 AM at ABVIMS corridor.** The training session will be taken under the supervision of Dr. Sindhul Chaudhary. The participants have to bring their own yoga mat.

**Dr. (Prof.) Ajay Shukla  
Director and Medical Superintendent**

Copy for information & necessary action to:

- (i) Dean, ABVIMS
- (ii) All Addl. MSs
- (iii) All Associate Dean
- (iv) All HODs
- (v) Registrar, ABVIMS
- (vi) Dy. Director (Admn.)
- (vii) Dr. Piyush Jain, Professor, Medicine & Chairman of the Yoga Day Celebration
- (viii) Dr. Sindhul Chaudhary, Senior Research Fellow, CCRYN, Deptt. of Yoga & Naturopathy, ABVIMS & Dr. RML Hospital, New Delhi (Mob. 9131277780)
- (ix) Dr. Sharad Pandey, Associate Professor (Neurosurgery) & Coordinator of this training session.
- (x) Chairman, E-governance with the request to upload the above order on the Hospital e-office.