



What is Family Centered Care of Newborn (FCC)?

It is a philosophy of care, grounded in support and respect for family participation in a child's care that acknowledges that the family has the greatest influence over an infant's health and well-being.

Core Principles of FCC

Collaboration: Doctor/Nurse & Family

Therapeutic Alliance of Newborn

Respect

- Culture
- Family needs
- Social needs
- Right to standard of services

Participation

- Flexible
- Individualized
- Choice of care
- Active involvement in decision making

Advantages of FCC

| NURSERY STAFF | NEW BORN | FAMILY |
|--|---|--|
| <ul style="list-style-type: none"> • Better quality of care • Staff satisfaction • Better job performance • Positive impact on stress levels • Better allocation of resources • Work sharing | <ul style="list-style-type: none"> • length of hospital stay • Exclusive breastfeeding rates • Weight gain • Nosocomial infection • Fewer re-hospitalisation • Better bonding with the caregiver • Better continuum of care • Improved long-term outcomes | <ul style="list-style-type: none"> • More informed parents • Parenting confidence • Better coping with stress • Greater family satisfaction with the health care experience. • Enhanced bonding • Ease of transition from hospital to home |